

# Avot v'Imahot

Introductory Prayers

Sh'ma & Its Blessings

**Amidah**

Torah Service

Concluding Prayers

Note: Bow on the **bolded** words.

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יִגִּיד תְּהִלָּתֶךָ :

- 1 בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ.
- 2 אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,
- 3 אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאָה, וְאֱלֹהֵי רָחֵל.
- 4 הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן
- 5 גּוֹמֵל חֲסָדִים טוֹבִים וְקוֹנֵה הַכֹּל
- 6 וְזוֹכֵר חֲסָדֵי אָבוֹת וְאִמּוֹת
- 7 וּמְבִיא גְאוּלָּה לְבְנֵי בְנֵיהֶם
- 8 לְמַעַן שְׁמוֹ בְּאַהֲבָה :
- 9 מְלֶכֶד עוֹזֵר וּמוֹשִׁיעַ וּמִגּוֹן :
- 10 בָּרוּךְ אַתָּה יְיָ, מִגּוֹן אַבְרָהָם וְעִזְרַת שָׂרָה.

These two will sometimes be in reverse order, depending on the *siddur* (prayerbook). (This is why it's important to read, not memorize!)

My Lord, open up my lips, that my mouth may declare your praise:

1. Blessed are You, Adonai our God and God of our fathers and mothers:
2. God of Abraham, God of Isaac, and God of Jacob,
3. God of Sarah, God of Rebekah, God of Leah, and God of Rachel,
4. The great, mighty, and awe-inspiring God: the highest God!

5. You deliver great acts of kindness and create everything,
6. and remember the kindnesses of the fathers and mothers,
7. and bring redemption to their children's children,
8. for the sake of Your name in love.
9. Ruler, Helper, Savior, Shield:
10. Blessed are You Adonai, Shield of Abraham and Helper of Sarah.

